

Helman Memorial Invitational - 2013-05-02
Penndridge HS, Perkasie, PA

HS Girls 300 Meter Hurdles

Name	Yr Team	Time	H#
1 Sara Damon	11 Pennridge	47.54	2
2 Jadzia Watsey	11 Pennridge	48.31	2
3 Grace Becker	10 Central Bucks East	48.57	2
4 Paige Ireubino	9 Central Bucks East	48.96	2
5 Delaney Smith	11 Council Rock North	49.09	2
6 Brienne Faucette	11 Pennridge	50.46	2
7 Niki Clements	9 Christopher Dock	51.12	1
8 Tabitha Miller	10 Christopher Dock	51.60	1
9 Maddie Myrtetus	9 Central Bucks East	51.83	1
10 Erin O'Donnell	11 Council Rock North	52.67	1

HS Boys 300 Meter Hurdles

Name	Yr Team	Time	H#
1 Colby Trauger	12 Pennridge	39.38	3
2 Nick Koehler	11 Pennridge	40.52	3
3 Andrew Ea	11 Council Rock North	43.44	2
4 Dan Valko	12 Central Bucks West	43.95	3
5 Andrew Baker	10 Central Bucks West	44.28	3
6 Luke Harding	10 Central Bucks East	44.47	2
7 Josh Kaner	12 Council Rock North	44.96	2
8 Josh Wolfe	9 Christopher Dock	45.94	2
9 Eli Wood	10 Central Bucks East	48.22	1
10 Kevin Wang	11 Christopher Dock	51.24	1
11 Daniel Hackman	9 Christopher Dock	53.08	1

HS Girls 4x800 Meter Relay

Team	Time
1 Central Bucks East A	10:18.98
2 Central Bucks East B	10:51.66
3 Christopher Dock A	10:54.69
4 Pennridge A	11:37.84

HS Boys 4x800 Meter Relay

Team	Time
1 Boyertown A	8:16.35
2 Pennridge A	8:27.93
3 Central Bucks East A	8:35.87
4 Pennridge B	9:01.90
5 Council Rock North A	9:18.39
6 Council Rock North B	9:31.40
7 Central Bucks West A	9:39.30
8 Central Bucks West B	10:22.61

HS Girls 100 Meter Dash

Name	Yr Team	Time	H#
1 Lindsay Sheehan	11 Pennridge	12.79	2
2 Tiara Demetrius	11 Christopher Dock	13.37	1
3 Anna Verrachia	11 Central Bucks East	13.45	1
4 Zoe Barbati	11 Central Bucks East	13.56	2

5	Alison Kruse	9 Council Rock North	13.69	2
6	Venessa Acker	Central Bucks East	13.98	1
7	Grace Hartman	11 Council Rock North	13.99	2
8	Gianna Lescas	9 Council Rock North	14.04	2
9	Natalia Pinkney	12 Pennridge	14.17	2
10	Valerie Smith	10 Pennridge	14.73	1

HS Boys 100 Meter Dash

Name	Yr Team	Time	H#
1	Michael Class	11 Pennridge	11.25 3
2	Nick Stenderowicz	12 Pennridge	11.32 3
3	Eric Morton	11 Christopher Dock	11.53 3
4	John Kim	12 Pennridge	11.72 3
5	Sean Mazlin	9 Council Rock North	11.98 2
6	Josh King	10 Council Rock North	12.02 3
7	Andrew Loc	Council Rock North	12.03 2
8	Matt Nieberding	12 Central Bucks East	12.12 2
9	James Sutcliffe	11 Central Bucks East	12.13 2
10	Tyler Cipressi	12 Central Bucks East	12.25 2
11	Jamie Valdez	11 Central Bucks West	12.39 1

HS Girls 1600 Meter Run

Name	Yr Team	Time
1	Marissa Sheva	10 Pennridge 4:50.24
2	Veronica Eder	12 Central Bucks East 5:00.63
3	Caitlyn Sheva	12 Pennridge 5:11.59
4	Elizabeth Morris	10 Central Bucks East 5:14.47
5	Louise Huuki	11 Central Bucks East 5:16.54
6	Nicki Van Thuyne	11 Council Rock North 5:23.90
7	Maddison Landis	9 Christopher Dock 5:27.70
8	Natalie Mamrol	9 Pennridge 5:48.04
9	Julia Bergey	11 Christopher Dock 5:57.99
10	Damaris Gehman	12 Christopher Dock 6:06.34
11	Abigail Gross	11 Pennridge 6:21.61
12	Erin O'Donnell	11 Council Rock North 6:48.99

HS Boys 1600 Meter Run

Name	Yr Team	Time
1	Alec Brand	12 Central Bucks East 4:31.90
2	Joe Masgai	12 Pennridge 4:34.66
3	Matt Schulberger	11 Pennridge 4:38.44
4	Jon Wommer	11 Central Bucks East 4:46.65
5	Zack Keller	11 Council Rock North 4:48.01
6	Ryan Moyer	11 Christopher Dock 4:48.38
7	Alex Sobel	12 Council Rock North 4:51.21
8	Joey Recupero	10 Central Bucks West 4:51.36
9	Declan McDonald	9 Central Bucks West 4:53.08
10	Jesse Laitman	10 Council Rock North 4:53.79
11	Alex Alvarez	10 Pennridge 4:56.74
12	Brian Iatarola	9 Central Bucks West 5:00.48
13	Michael Gunden	9 Christopher Dock 5:18.43
14	John Ruth	11 Christopher Dock 5:46.72

HS Girls 400 Meter Dash

Name	Yr Team	Time	H#
1	Taylor Chapman	10 Pennridge	57.92 2
2	Alexis Knipe	11 Central Bucks East	59.06 2

3	Julia Leventhal	11 Central Bucks East	59.16	2
4	Taylor Kennedy	9 Central Bucks East	59.94	2
5	Stacey Nocero	11 Pennridge	1:03.20	2
6	Julia Foster	10 Pennridge	1:03.42	1
7	shannon Coache	10 Pennridge	1:03.92	2
8	Alison Kruse	9 Council Rock North	1:04.23	1
9	Lauren Anderson	11 Christopher Dock	1:05.49	1
10	Sharon Curtis	9 Christopher Dock	1:08.77	1
11	Ali Balmer	9 Christopher Dock	1:10.13	1

HS Boys 400 Meter Dash

Name	Yr Team	Time	H#
1	Michael Class	11 Pennridge	50.01 3
2	James Clements	12 Christopher Dock	50.93 3
3	John Kim	12 Pennridge	51.15 3
4	Eli Mercado	11 Boyertown	51.42 3
5	Ethan Long	12 Central Bucks West	51.59 3
6	Kia Shahideh	10 Central Bucks East	52.46 3
7	Don Roessler	11 Christopher Dock	52.94 1
8	Mike Donello	11 Central Bucks East	52.97 2
9	Nicholas Miller	11 Boyertown	54.49 2
10	Karl Wundschock	10 Pennridge	55.01 1
11	Ryan Walsh	9 Central Bucks West	55.09 2
12	Peter Gregori	12 Council Rock North	55.33 2
13	Brad Strouse	11 Boyertown	57.71 1
14	Jarrett Button	12 Central Bucks East	58.68 2
15	Zach Bandurick	12 Council Rock North	59.70 1

HS Girls 4x100 Meter Relay

Team	Time
1 Pennridge A	49.48
2 Central Bucks East B	51.14
3 Central Bucks East A	51.61
4 Council Rock North A	53.26
5 Pennridge B	1:00.17

HS Boys 4x100 Meter Relay

Team	Time	H#
1 Pennridge A	44.15	2
2 Christopher Dock A	44.95	2
3 Central Bucks West B	45.97	2
4 Council Rock North B	46.59	1
5 Central Bucks West B	48.93	1

HS Girls 100 Meter Hurdles

Name	Yr Team	Time	H#
1 Sara Damon	11 Pennridge	16.72	2
2 Jadzia Watsey	11 Pennridge	17.21	2
3 Paige Ireubino	9 Central Bucks East	18.16	2
4 Niki Clements	9 Christopher Dock	18.46	2
5 Laura Guidera	11 Central Bucks East	18.51	2
6 Elise Evinski	9 Council Rock North	18.79	1
7 Lexi Benningon	9 Pennridge	18.80	2
8 Maddie Myrtetus	9 Central Bucks East	19.46	1
9 Devon Collins	10 Council Rock North	19.85	1

HS Boys 110 Meter Hurdles

Name	Yr Team	Time	H#
1 Kelvin Wong	12 Council Rock North	15.28	2
2 Dan Nowakowski	11 Central Bucks West	16.47	2
3 Jimmie Kilgannon	12 Central Bucks West	16.57	2
4 Nick Risinger	12 Council Rock North	16.97	2
5 Josh Wolfe	9 Christopher Dock	18.80	2
6 Luke Harding	10 Central Bucks East	19.04	1
7 Eli Wood	10 Central Bucks East	19.14	1

HS Girls 800 Meter Run

Name	Yr Team	Time
1 Dara Lindsey	12 Central Bucks East	2:19.80
2 Alex Keller	11 Council Rock North	2:24.41
3 Shea Neal	12 Christopher Dock	2:27.13
4 Sarah Romanus	11 Central Bucks East	2:29.11
5 Brienne Faucette	11 Pennridge	2:29.38
6 Janel Beer	10 Pennridge	2:30.08
7 Julia Heigas	9 Central Bucks East	2:33.78
8 Delaney Smith	11 Council Rock North	2:35.17
9 Brittany Smith	9 Pennridge	2:36.15
10 Megan Bishop	11 Christopher Dock	2:38.99
11 Victoria Arnold	10 Pennridge	2:40.09
12 Jeni Swartley	10 Christopher Dock	2:40.56
13 Kaitlyn Jennings	10 Central Bucks East	2:41.10

HS Boys 800 Meter Run

Name	Yr Team	Time
1 Joseph Logue	10 Pennridge	1:53.25
2 Frank Brophy	11 Central Bucks East	1:58.29
3 Stefan Bruder	12 Pennridge	2:00.30
4 Oliver Boucher	10 Central Bucks East	2:00.53
5 Chris Berry	12 Central Bucks West	2:01.02
6 Jordon Halteman	12 Pennridge	2:01.16
7 Dylan Eddinger	10 Boyertown	2:02.12
8 Rock Fortna	9 Central Bucks West	2:02.21
9 Spencer Abrohms	10 Council Rock North	2:07.22
10 Christian Landis	12 Christopher Dock	2:08.12
11 Jonathan Capps	11 Christopher Dock	2:09.87
12 Ryan McIlhinney	9 Central Bucks West	2:12.65
13 Michael Hunsberger	9 Christopher Dock	2:14.48
14 Louis Kettelberger	9 Central Bucks East	2:14.71
15 Alex Haug	10 Council Rock North	2:19.66

HS Girls 200 Meter Dash

Name	Yr Team	Time	H#
1 Bailey Kratz	10 Christopher Dock	26.38	1
2 Amanda Bagnell	10 Council Rock North	26.66	2
3 Taylor Martin	9 Central Bucks East	27.39	2
4 Mikala Palermo	9 Central Bucks East	27.59	1
5 Venessa Acker	Central Bucks East	28.51	1
6 Alison Kruse	9 Council Rock North	28.60	2
7 Rowen Holdeman	Pennridge	29.33	1
8 Nina Anderson	9 Pennridge	30.71	1

HS Boys 200 Meter Dash

Name	Yr Team	Time	H#
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1	Vince Thompson	12 Central Bucks East	22.10	2
2	Nick Stenderowicz	12 Pennridge	22.27	2
3	Colby Trauger	12 Pennridge	23.11	2
4	Jonathan Bishop	12 Christopher Dock	23.13	2
5	Nick Koehler	11 Pennridge	23.15	2
6	Dan Valko	12 Central Bucks West	24.17	1
7	Ethan Long	12 Central Bucks West	24.32	2
8	Josh King	10 Council Rock North	24.44	1
9	Matt Nieberding	12 Central Bucks East	24.49	1
10	Sean Mazlin	9 Council Rock North	25.39	1

HS Girls 3200 Meter Run

Name	Yr Team	Time	
1	Kate Scott	12 Council Rock North	11:03.39
2	Marisa Hawley	12 Central Bucks East	11:10.63
3	Elizabeth Huuki	9 Central Bucks East	11:15.02
4	Kendall Savage	12 Central Bucks East	12:31.38
5	Hannah Kramlik	10 Pennridge	13:12.58

HS Boys 3200 Meter Run

Name	Yr Team	Time	
1	Jake Brophy	9 Central Bucks East	9:43.99
2	Brian Arita	10 Council Rock North	10:00.83
3	Alex Has	11 Pennridge	10:04.67
4	Jeff Henderson	11 Pennridge	10:09.18
5	Sean Griswold	10 Council Rock North	10:17.12
6	Billy Rollo	11 Central Bucks East	10:26.84
7	Eric McGarry	11 Pennridge	10:35.17
8	Chris Lewis	11 Council Rock North	10:47.05
9	Ben Severn	10 Central Bucks West	10:54.19
10	Trevor Belding	10 Central Bucks West	11:11.74

HS Girls 4x400 Meter Relay

Team	Time	
1	Pennridge A	3:59.19
2	Central Bucks East A	4:11.05
3	Central Bucks East B	4:16.62
4	Pennridge B	4:28.49
5	Christopher Dock A	4:39.33

HS Boys 4x400 Meter Relay

Team	Time	H#	
1	Central Bucks East A	3:28.83	2
2	Boyertown A	3:30.19	2
3	Pennridge A	3:33.70	2
4	Central Bucks West A	3:35.49	2
5	Pennridge B	3:38.54	2
6	Central Bucks West B	3:41.41	1
7	Central Bucks East B	3:45.61	1
8	Christopher Dock A	3:52.22	2
9	Council Rock North A	3:53.69	1

Thrower Girls 4x100 Meter Relay

Team	Time
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1 Pennridge A	55.74
2 Council Rock North A	56.04
3 Christopher Dock A	58.80
4 Central Bucks East A	59.20

Thrower Boys 4x100 Meter Relay

Team	Time
1 Pennridge A	48.84
2 Central Bucks East A	53.47
3 Council Rock North A	54.67

HS Girls Long Jump

Name	Yr Team	Mark
1 Ariana Przybylowski	10 Pennridge	17-05.25
2 Bailey Kratz	10 Christopher Dock	17-00.00
3 Grace Becker	10 Central Bucks East	16-10.50
4 Katrina Przybylowski	11 Pennridge	16-05.00
5 Shea Neal	12 Christopher Dock	15-08.50
6 Kaeleigh Fox	11 Central Bucks East	15-06.25
7 Grace Hartman	11 Council Rock North	15-06.00
8 Laura Guidera	11 Central Bucks East	14-09.50
9 Shannon Joseph	12 Council Rock North	14-08.75
10 Niki Clements	9 Christopher Dock	14-06.50

HS Boys Long Jump

Name	Yr Team	Mark
1 Sean Hagerty	12 Pennridge	20-06.75
2 Mike Tatarowicz	11 Pennridge	20-06.00
3 DhungHa Kim	11 Central Bucks West	19-02.25
4 Jamie Valdez	11 Central Bucks West	18-11.75
5 Ethan Long	12 Central Bucks West	18-11.00
6 Kyle Hagerty	12 Pennridge	18-08.00
7 Evan Scott	11 Christopher Dock	18-03.50
8 Joseph Chung	12 Central Bucks East	18-01.00
9 Anand Desai	11 Council Rock North	16-11.75
10 David Stark	11 Council Rock North	16-03.00

HS Girls High Jump

Name	Yr Team	Mark
1 Lauren Anderson	11 Christopher Dock	5-04.00
2 Katrina Przybylowski	11 Pennridge	5-02.00
3 Joanna Friesen	12 Pennridge	5-00.00
3 Grace Becker	10 Central Bucks East	5-00.00
5 Tabitha Miller	10 Christopher Dock	5-00.00
6 Cameryn Crossland	11 Central Bucks East	4-10.00
7 Devon Collins	10 Council Rock North	4-06.00
7 Lindsay Petelikor	10 Council Rock North	4-06.00
9 Maddie Myrtetus	9 Central Bucks East	4-06.00

HS Boys High Jump

Name	Yr Team	Mark
1 Ethan Shalaway	12 Boyertown	6-02.00
2 Mike Tatarowicz	11 Pennridge	5-10.00
3 Austin Patrick	10 Pennridge	5-06.00
4 Matt Nieberding	12 Central Bucks East	5-06.00

5	Brian Iatarola	9	Central Bucks West	5-06.00
6	David Stark	11	Council Rock North	5-04.00
7	Robert Bollinger	9	Pennridge	5-02.00
8	Anand Desai	11	Council Rock North	5-00.00
9	Kevin Wang	11	Christopher Dock	5-00.00

HS Girls Triple Jump

Name	Yr	Team	Mark	
1	Ariana	Przybylowski	10 Pennridge	34-11.50
2	Brittany	Wertz	11 Central Bucks East	34-07.50
3	Lauren	Anderson	11 Christopher Dock	33-10.25
4	Grace	Becker	10 Central Bucks East	33-04.00
5	Katrina	Przybylowski	11 Pennridge	32-06.00
6	Laura	Guidera	11 Central Bucks East	32-04.50
7	Grace	Hartman	11 Council Rock North	32-03.50
8	Tiara	Demetrius	11 Christopher Dock	31-01.75
9	Michelle	Thompson	11 Pennridge	31-0.75
10	Tabitha	Miller	10 Christopher Dock	30-11.00
11	Devon	Collins	10 Council Rock North	29-09.50

HS Boys Triple Jump

Name	Yr	Team	Mark	
1	Mike	Tatarowicz	11 Pennridge	44-07.50
2	Kelvin	Wong	12 Council Rock North	40-10.00
3	Sean	Hagerty	12 Pennridge	39-07.00
4	Jimmie	Kilgannon	12 Central Bucks West	38-10.00
5	Joseph	Chung	12 Central Bucks East	37-09.00
6	Josh	Kaner	12 Council Rock North	36-08.00
7	Wil	Kacsur	12 Central Bucks East	34-11.00
8	Beckett	Wilson	10 Central Bucks West	34-07.50
9	Josh	Wolfe	9 Christopher Dock	30-05.50

HS Girls Pole Vault

Name	Yr	Team	Mark	
1	Paige	Hansen	12 Pennridge	8-06.00
2	Erica	Maddox	11 Council Rock North	8-00.00
3	Kat	Craig	12 Council Rock North	8-00.00
3	Grace	Beirchon	11 Council Rock North	8-00.00
5	Eleanor	Fortner-Bucza	12 Central Bucks East	7-06.00
6	Erika	Benner	10 Christopher Dock	7-00.00
6	Brianna	Testa	9 Central Bucks East	7-00.00
8	Alicia	Bell	9 Pennridge	7-00.00
9	Amy	Bergey	12 Christopher Dock	6-06.00
10	Niki	Clements	9 Christopher Dock	6-06.00
11	Elizabeth	Verish	9 Central Bucks East	6-00.00

HS Boys Pole Vault

Name	Yr	Team	Mark	
1	Evan	Scott	11 Christopher Dock	12-06.00
2	Dave	McClarnon	Boyertown	12-06.00
3	Drew	Shegda	11 Central Bucks East	12-00.00
4	Riley	Owens	11 Central Bucks West	12-00.00
5	Josh	Bazzano	11 Central Bucks West	11-06.00
6	Nick	Koehler	11 Pennridge	11-00.00
7	Joe	Calibeo	10 Council Rock North	10-06.00
8	Billy	Bothwell	10 Central Bucks West	10-00.00
9	Ethan	Neal	12 Christopher Dock	9-06.00

10 Greg Van Aken	10 Council Rock North	9-00.00
11 Wil Kacsur	12 Central Bucks East	9-00.00

HS Girls Shot Put

Name	Yr Team	Mark
1 Ella Fox	12 Pennridge	33-04.75
2 Tara Weber	9 Central Bucks East	33-04.25
3 Alex Hartley	12 Council Rock North	30-10.75
4 Jill Craig	12 Council Rock North	30-10.75
5 Laura Jackson	11 Central Bucks East	30-02.00
6 Kristina Valko	11 Central Bucks East	29-10.25
7 Karen Souder	11 Pennridge	29-04.25
8 Jaclyn Teed	11 Christopher Dock	27-07.25
9 Mattasyn Shisler	10 Christopher Dock	26-03.00
10 Madison Cavell	10 Council Rock North	25-08.75
11 Michelle Thompson	11 Pennridge	25-05.00
12 Kylie Shore	10 Christopher Dock	23-09.50

HS Boys Shot Put

Name	Yr Team	Mark
1 Josh Ward	11 Boyertown	48-03.75
2 Ethan Shalaway	12 Boyertown	47-06.50
3 Cory Radkins	12 Central Bucks West	46-07.25
4 Ryan Sterling	11 Pennridge	44-10.00
5 Ian Fortna	12 Central Bucks West	44-09.00
6 Nick Wu	10 Council Rock North	43-09.25
7 Seamus Bishoff	11 Council Rock North	40-11.50
8 Zach Bates	11 Pennridge	38-06.25
9 Jon Crosara	11 Central Bucks East	38-04.75
10 Sam Preston	12 Central Bucks West	38-0.50
11 Ken Crawford	12 Pennridge	37-05.00
12 Christian Farrell	12 Central Bucks East	36-08.50
13 Jason Shavel	12 Council Rock North	36-06.25

HS Girls Discus Throw

Name	Yr Team	Mark
1 Laura Jackson	11 Central Bucks East	104-08
2 Ella Fox	12 Pennridge	101-00
3 Jill Craig	12 Council Rock North	95-00
3 Alex Hartley	12 Council Rock North	95-00
5 Kira Segar	12 Central Bucks East	89-07
6 Amy Bergey	12 Christopher Dock	80-11
7 Madison Cavell	10 Council Rock North	79-04
8 Karen Souder	11 Pennridge	74-06
9 Kristina Valko	11 Central Bucks East	73-06
10 Jaclyn Teed	11 Christopher Dock	68-03
11 Kylie Shore	10 Christopher Dock	56-05

HS Boys Discus Throw

Name	Yr Team	Mark
1 John Williams	12 Central Bucks West	120-07
2 Ken Crawford	12 Pennridge	119-08
3 Ian Fortna	12 Central Bucks West	117-03
4 Corey Greenberg	12 Central Bucks West	116-01
5 Josh Ward	11 Boyertown	112-10
6 Nathan Lalli	11 Central Bucks East	111-01
7 Nick Wu	10 Council Rock North	101-03

8	Patrick Kelly	10 Central Bucks East	100-06
9	Zach Bates	11 Pennridge	99-10
10	Chris McConnell	12 Central Bucks East	98-09
11	Austin Knepp	9 Pennridge	97-06
12	Vilyam Godovski	Council Rock North	84-10
13	Christian Landis	12 Christopher Dock	83-00

HS Girls Javelin Throw

Name	Yr Team	Mark
1 Ella Fox	12 Pennridge	123-00
2 Alysha Slezak	12 Council Rock North	108-06
3 Kristina Valko	11 Central Bucks East	103-02
4 Laura Jackson	11 Central Bucks East	89-05
5 Shannon Joseph	12 Council Rock North	82-06
6 Kereece Seuren	11 Christopher Dock	80-05
7 Mattasyn Shisler	10 Christopher Dock	79-00
8 Makora Nyagwegwe	11 Christopher Dock	77-05
9 Karen Souder	11 Pennridge	75-07
10 Emily Campanelli	11 Council Rock North	69-08
11 Sarah Valko	9 Central Bucks East	69-00

HS Boys Javelin Throw

Name	Yr Team	Mark
1 Ethan Shalaway	12 Boyertown	188-05
2 Jackson Butkus	12 Central Bucks West	149-00
3 John Williams	12 Central Bucks West	147-00
4 Will Fernandez	12 Central Bucks West	141-08
5 Mike Tatarowicz	11 Pennridge	136-00
6 Elijah Shalaway	9 Boyertown	127-07
7 Jeremy Xander	12 Pennridge	121-00
8 Austin Knepp	9 Pennridge	117-01
9 Chris McConnell	12 Central Bucks East	114-00
10 James Clements	12 Christopher Dock	113-02
11 Jonathan Bishop	12 Christopher Dock	111-01
12 Nick Wu	10 Council Rock North	111-00
13 Jesse Condon	10 Council Rock North	109-09
14 Nathan Lalli	11 Central Bucks East	107-06