

Helman Memorial Invitational - 2014-05-01  
 Penndridge HS, Perkasie, PA

HS Girls 300 Meter Hurdles

Name	Yr Team	Time	H#
1 Grace Becker	11 Central Bucks East	45.83	2
2 Jessica Milligan	10 Penndridge	45.94	2
3 Sara Damon	12 Penndridge	48.18	2
4 Morgan Duncan	10 Central Bucks East	48.94	1
5 Leah Kendrick	10 Central Bucks East	49.49	2
6 Delaney Smith	12 Council Rock North	49.52	2
7 Megan Hirschbuhl	10 Penndridge	49.95	1
8 Taylor Viola	10 Council Rock North	51.05	2
9 Jessica Clark	9 Council Rock North	51.08	1
10 Irina Althouse	10 Christopher Dock	54.96	1

HS Boys 300 Meter Hurdles

Name	Yr Team	Time	H#
1 Alex Moran	12 Penndridge	41.83	3
2 Dan Nowakowski	12 Central Bucks West	43.20	3
3 Jeff Espinal	10 Penndridge	43.27	2
4 Josh Wolfe	10 Christopher Dock	43.93	3
5 Andrew Ea	12 Council Rock North	44.00	3
6 Evan Washington	9 Central Bucks West	44.20	3
7 Ryan Devlin	11 Central Bucks West	44.80	3
8 Cole Rupert	10 Christopher Dock	46.32	2
9 Michael Drob	11 Central Bucks East	46.92	2
10 Randall Keetley	10 Council Rock North	47.55	2
11 Ethan Schemick	9 Christopher Dock	49.81	1
12 Preston Schwartz	10 Council Rock North	51.07	1

HS Girls 4x800 Meter Relay

Team	Time
1 Central Bucks East A	10:07.99
2 Christopher Dock A	10:40.47
3 Penndridge u	11:25.03

HS Boys 4x800 Meter Relay

Team	Time
1 Central Bucks East A	8:07.53
2 Penndridge A	8:34.25
3 Central Bucks West A	9:08.39
4 Council Rock North A	9:31.25

HS Girls 100 Meter Dash

Name	Yr Team	Time	H#
1 Taylor Chapman	11 Penndridge	12.26	3
2 Taylor Kennedy	10 Central Bucks East	12.78	3
3 Julia Leventhal	12 Central Bucks East	12.82	3
4 Alexis Knipe	12 Central Bucks East	13.10	2
5 Katrina Przybylowski	12 Penndridge	13.18	3
6 Kayla Robinson	9 Council Rock North	13.24	3
7 Essence Walden	10 Springside Chestnut	13.42	2
8 Shannon Perry	9 Council Rock North	13.45	2

9	Samantha Class	11	Pennridge	13.51	3
10	Melissa Mirales	10	Council Rock North	13.87	2
11	Singley Risico	10	Springside Chestnut	13.99	2 .986
12	Calder Mcneil	10	Springside Chestnut	13.99	1 .988
13	Marissa Campo	9	Christopher Dock	14.06	2
14	Diana Berios	12	Christopher Dock	14.16	1

#### HS Boys 100 Meter Dash

Name	Yr	Team	Time	H#	
1	Tyler Loc	11	Council Rock North	11.27	2
2	Luke Williams	12	Pennridge	11.39	2 .381
3	Alex Gibson	10	Central Bucks East	11.39	2 .390
4	Sean Mazlin	10	Council Rock North	11.68	1
5	Mike Roeder	10	Pennridge	11.71	1
6	Ryan Mitchell	11	Central Bucks East	11.76	1
7	Josh Hascetts	11	Central Bucks West	11.94	2
8	Jamie Valdez	12	Central Bucks West	12.02	2
9	Brody Johnson	10	Central Bucks West	12.21	1
10	Zac Solotaroff	12	Council Rock North	12.25	1

#### HS Girls 1,600 Meter Run

Name	Yr	Team	Time	
1	Meghan Willcoxon	12	Central Bucks East	5:13.41
2	Jamie Costarino	11	Springside Chestnut	5:14.30
3	Elizabeth Morris	11	Central Bucks East	5:16.74
4	Monika Brill	9	Pennridge	5:28.96
5	Natalie Guarna	12	Council Rock North	5:35.66
6	Riley Engel	11	Council Rock North	5:43.42
7	Kaitlyn Jennings	11	Central Bucks East	5:45.27
8	Katie Mullen	9	Council Rock North	5:47.83
9	Nicole Novo	10	Springside Chestnut	5:49.12
10	Piper Zimmerman	9	Pennridge	5:55.58
11	Julia Bergey	12	Christopher Dock	6:25.69
12	Jackie Carson	9	Christopher Dock	6:29.42
13	Amber Clemens	9	Christopher Dock	6:35.13

#### HS Boys 1,600 Meter Run

Name	Yr	Team	Time	
1	Rock Fortna	10	Central Bucks West	4:30.78
2	Matt Schulberger	12	Pennridge	4:34.25
3	Matt Bowen	11	Central Bucks West	4:35.82
4	Justin Musco	11	Pennridge	4:43.88
5	Joshua Wood	11	Central Bucks East	4:45.39
6	Carlos Velez	10	Central Bucks East	4:46.98
7	Beckett Wilson	11	Central Bucks West	4:52.21
8	Taylor Cervellino	11	Central Bucks East	5:00.43
9	Rohan Bhandarkar	10	Council Rock North	5:00.60
10	Bryan Keller	9	Council Rock North	5:00.65
11	Ryan D	11	Council Rock North	5:00.98

#### HS Girls 400 Meter Dash

Name	Yr	Team	Time	H#	
1	Julia Leventhal	12	Central Bucks East	58.53	2
2	Amanda Bagnell	11	Council Rock North	1:00.03	2
3	Alexis Knipe	12	Central Bucks East	1:00.83	2
4	Grace Becker	11	Central Bucks East	1:02.14	2
5	Alison Kruse	10	Council Rock North	1:03.82	2

6	Jessica Clark	9	Council Rock North	1:04.59	1
7	shannon Coache	11	Pennridge	1:05.27	2
8	Victoria Arnold	11	Pennridge	1:06.37	1
9	Valerie Smith	11	Pennridge	1:06.82	1
10	Julianna Kabakjian	10	Christopher Dock	1:16.95	1
11	Sierra Shore	9	Christopher Dock	1:19.52	1
12	Emma Chimera	10	Christopher Dock	1:26.19	1

#### HS Boys 400 Meter Dash

Name	Yr	Team	Time	H#	
1	Frank Brophy	12	Central Bucks East	50.30	2
2	Oliver Boucher	11	Central Bucks East	50.85	2
3	Cody Dillinger	11	Pennridge	53.34	2
4	Cayce Giblin	10	Pennridge	53.52	2
5	David Solomon	9	Council Rock North	54.86	1
6	Christian Bobowicz	9	Central Bucks West	55.48	2
7	Joe Manetta	9	Central Bucks West	55.51	1
8	Ryan McIlhinney	10	Central Bucks West	56.16	1

#### HS Girls 4x100 Meter Relay

Team	Time
1 Pennridge u	49.63
2 Central Bucks East A	50.93
3 Springside Chestnut Hill Academy A	51.67
4 Central Bucks East B	52.42
5 Christopher Dock A	53.62

#### HS Boys 4x100 Meter Relay

Team	Time
1 Council Rock North A	42.53
2 Pennridge A	43.42
3 Central Bucks East A	44.97
4 Christopher Dock A	45.21
5 Central Bucks West A	45.68

#### HS Girls 100 Meter Hurdles

Name	Yr	Team	Time	H#	
1	Niki Clements	10	Christopher Dock	16.52	2
2	Grace Becker	11	Central Bucks East	16.62	2
3	Sara Damon	12	Pennridge	16.69	2
4	Tabitha Miller	11	Christopher Dock	16.80	2
5	Jessica Milligan	10	Pennridge	17.03	1
6	Haley Anderson	9	Christopher Dock	17.04	1
7	Alexsey Bennington	10	Pennridge	17.45	1
8	Devon Collins	10	Council Rock North	17.64	1
9	Leah Kendrick	10	Central Bucks East	18.14	2
10	Morgan Duncan	10	Central Bucks East	18.35	2
11	Taylor Viola	10	Council Rock North	18.60	1

#### HS Boys 110 Meter Hurdles

Name	Yr	Team	Time	H#	
1	Dan Nowakowski	12	Central Bucks West	15.59	2
2	Josh Wolfe	10	Christopher Dock	15.76	2
3	Alex Moran	12	Pennridge	16.14	2
4	Jacob Cerami	12	Council Rock North	17.31	1

5	Ryan Devlin	11	Central Bucks West	17.72	2
6	Noah Griffin	9	Central Bucks West	18.20	2
7	Michael Drob	11	Central Bucks East	18.42	1
8	Erik Graboyes	11	Central Bucks East	20.74	1

#### HS Girls 800 Meter Run

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Name	Yr	Team	Time		
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1	Kaelyn	Heinicke	12	Council Rock North	2:14.49
2	Jamie	Costarino	11	Springside Chestnut	2:20.98
3	Elizabeth	Huuki	10	Central Bucks East	2:22.19
4	Meredith	Lahetta	11	Central Bucks East	2:25.28
5	Nicki	Van Thuyne	12	Council Rock North	2:28.55
6	Margot	Brill	9	Pennridge	2:28.80
7	Abbie	Todd	11	Council Rock North	2:28.93
8	Taylor	Martin	10	Central Bucks East	2:30.28
9	Nicole	Novo	10	Springside Chestnut	2:39.42
10	Irina	Althouse	10	Christopher Dock	2:52.26
11	Jackie	Carson	9	Christopher Dock	3:08.08

#### HS Boys 800 Meter Run

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Name	Yr	Team	Time		
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1	Joseph	Logue	12	Pennridge	1:52.04
2	Dan	Williams	11	Pennridge	1:59.57
3	Alex	Masgai	11	Pennridge	1:59.68
4	Jake	Brophy	10	Central Bucks East	2:00.34
5	Carter	Zerweck	10	Central Bucks West	2:02.35
6	Ata	Shahideh	9	Central Bucks East	2:02.51
7	Joey	Recupero	11	Central Bucks West	2:05.32
8	Ben	Aunins	12	Central Bucks West	2:06.17
9	Connor	McManus	11	Central Bucks East	2:14.87
10	Ethan	Schemick	9	Christopher Dock	2:40.84

#### HS Girls 200 Meter Dash

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Name	Yr	Team	Time	H#		
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1	Julia	Reeves	10	Springside Chestnut	25.75	2
2	Bailey	Kratz	11	Christopher Dock	26.38	2
3	Taylor	Kennedy	10	Central Bucks East	26.51	1
4	Kayla	Robinson	9	Council Rock North	27.16	2
5	Zoe	Williams	10	Pennridge	27.41	2
6	Anna	Verrachia	12	Central Bucks East	27.47	1
7	Amanda	Bagnell	11	Council Rock North	28.19	2
8	Zoe	Barbati	12	Central Bucks East	28.25	1 .247
8	Shannon	Perry	9	Council Rock North	28.25	1 .247
10	Essence	Walden	10	Springside Chestnut	28.92	2
11	Singley	Risico	10	Springside Chestnut	29.85	1
12	Marissa	Campo	9	Christopher Dock	30.16	1

#### HS Boys 200 Meter Dash

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Name	Yr	Team	Time	H#		
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1	Michael	Class	12	Pennridge	22.55	3
2	Chris	Welde	11	Council Rock North	23.01	3
3	David	Gumino	11	Council Rock North	23.33	3
4	Matt	Firuta	10	Pennridge	23.68	3
5	Alex	Gibson	10	Central Bucks East	24.10	2
6	Austin	Howell	9	Pennridge	24.11	3
7	Evan	Scott	12	Christopher Dock	24.27	2
8	Don	Roessler	12	Christopher Dock	24.46	1

9	Josh Clark	12	Council Rock North	24.54	2
10	Ethan Silverman	10	Central Bucks East	24.65	2
11	Eric Morton	12	Christopher Dock	24.67	3
12	Jason Duple	11	Central Bucks West	25.09	2
13	John Smith	9	Central Bucks West	25.64	1
14	Jacob Cawley	9	Central Bucks West	26.04	2

HS Girls 3,200 Meter Run

Name	Yr	Team	Time
1	Marissa Sheva	11 Pennridge	10:46.48
2	Tate Dawson	9 Central Bucks East	11:24.45
3	Louise Huuki	12 Central Bucks East	12:00.70
4	Natalie Guarna	12 Council Rock North	12:02.42
5	Riley Engel	11 Council Rock North	12:28.08
6	Natalie Mamrol	10 Pennridge	12:29.03
7	Hannah Kramlik	11 Pennridge	12:35.26
8	Rebecca Saunders	10 Springside Chestnut	13:05.25
9	Camryn McClosky	9 Christopher Dock	13:16.72
10	Nicki Van Thuyne	12 Council Rock North	13:38.77

HS Boys 3,200 Meter Run

Name	Yr	Team	Time
1	Brian Mass	9 Central Bucks West	9:56.85
2	Ben Smullen	9 Central Bucks West	9:58.75
3	Jeff Henderson	12 Pennridge	10:13.82
4	Noah Trueblood	12 Pennridge	10:14.13
5	Joshua Goetz	10 Central Bucks East	10:14.62
6	Connor Sands	11 Central Bucks East	10:15.59
7	Declan McDonald	10 Central Bucks West	10:16.31
8	Billy Rollo	12 Central Bucks East	10:24.44
9	Alex Has	12 Pennridge	10:30.63
10	Matt Haldeman	10 Council Rock North	10:40.16
11	Tim Haas	9 Council Rock North	10:49.87
12	Chris Lewis	12 Council Rock North	11:11.94

HS Girls 4x400 Meter Relay

Team	Time
1 Pennridge u	4:02.51
2 Council Rock North A	4:08.99
3 Central Bucks East A	4:16.13
4 Council Rock North B	4:21.29
5 Central Bucks East B	4:26.61
6 Christopher Dock A	4:26.89

HS Boys 4x400 Meter Relay

Team	Time
1 Pennridge A	3:21.82
2 Central Bucks East A	3:25.41
3 Central Bucks West A	3:32.33

HS Boys High Jump

Name	Yr	Team	Mark	
1	Brooks Inciardi	12	Christopher Dock	6-04.00

2 Nolan Gromlich	9 Council Rock North	5-10.00
3 David Stark	12 Council Rock North	5-06.00
4 Matt Moyer	9 Pennridge	5-06.00
5 Robert Bollinger	10 Pennridge	5-04.00
6 Alex Parasky	10 Central Bucks East	5-04.00
7 Zane Shalchi	10 Central Bucks East	5-02.00
8 Adam Davis	9 Central Bucks West	5-00.00
8 Matt Navaro	12 Central Bucks West	5-00.00
10 Ethan Schemick	9 Christopher Dock	5-00.00

#### HS Boys Long Jump

Name	Yr Team	Mark
1 Alex Gibson	10 Central Bucks East	21-00.50
2 Owen Eisen	10 Pennridge	19-11.00
3 Ryan Mitchell	11 Central Bucks East	19-04.00
4 Evan Becker	10 Central Bucks East	19-04.00
5 Matt Moyer	9 Pennridge	18-11.00
6 Ryan Walsh	10 Central Bucks West	18-05.25
7 Jamie Valdez	12 Central Bucks West	18-05.00
8 Greg Van Aken	11 Council Rock North	18-04.25
9 Drew Noble	11 Council Rock North	17-04.00
10 Ethan Schemick	9 Christopher Dock	15-04.25

#### HS Boys Triple Jump

Name	Yr Team	Mark
1 Mike Tatarowicz	12 Pennridge	44-00.00
2 David Stark	12 Council Rock North	42-00.50
3 Evan Becker	10 Central Bucks East	40-01.00
4 Owen Eisen	10 Pennridge	39-10.25
5 Matt Ludlow	9 Pennridge	39-03.50
6 Noah Griffin	9 Central Bucks West	37-01.50
7 Zane Shalchi	10 Central Bucks East	36-09.00
8 Tyler Loc	11 Council Rock North	36-02.00
9 Gray Wilson	12 Central Bucks West	34-02.50

#### HS Boys Discus

Name	Yr Team	Mark
1 Ryan Sterling	12 Pennridge	129-02
2 Nick Wu	11 Council Rock North	112-04
3 Nathan Lalli	12 Central Bucks East	108-05
4 Adam Anastasiadis	11 Central Bucks West	108-05
5 Griffin McMann	9 Pennridge	100-03
6 James Sutcliffe	12 Central Bucks East	98-06
7 Brooks Inciardi	12 Christopher Dock	96-07
8 Nathan Kerns	9 Christopher Dock	82-04
9 Aj Cantele	10 Central Bucks West	80-11

#### HS Boys Javelin

Name	Yr Team	Mark
1 Connor Borkert	11 Central Bucks East	141-08
2 Austin Knepp	10 Pennridge	140-02
3 Adam Anastasiadis	11 Central Bucks West	139-02
4 Eric Morton	12 Christopher Dock	134-04
5 Mike Tatarowicz	12 Pennridge	130-08
6 Kyle Johnson	10 Central Bucks West	129-01
7 Jesse Condon	11 Council Rock North	127-09
8 Jamie Fitzsimmons	10 Central Bucks West	110-11

9 Cole Hagmayer	10 Central Bucks East	98-05
10 Nathan Kerns	9 Christopher Dock	92-04
11 Don Roessler	12 Christopher Dock	80-04

#### HS Boys Shot Put

Name	Yr Team	Mark
1 Ryan Sterling	12 Pennridge	48-07.00
2 Adam Anastasiadis	11 Central Bucks West	48-01.00
3 Nick Wu	11 Council Rock North	45-02.25
4 Jacob Schiela	10 Central Bucks West	42-01.25
5 Austin Knepp	10 Pennridge	39-03.00
6 Brooks Inciardi	12 Christopher Dock	38-06.50
7 Rudy Cambra	9 Central Bucks East	38-04.00
8 Jacob Scupp	10 Central Bucks West	38-02.50
9 James Sutcliffe	12 Central Bucks East	35-02.50
10 Nathan Kerns	9 Christopher Dock	27-01.00

#### HS Boys Pole Vault

Name	Yr Team	Mark
1 Jason Double	11 Central Bucks West	13-00.00
2 Evan Scott	12 Christopher Dock	12-06.00
3 Greg Van Aken	11 Council Rock North	12-06.00
4 Nick Koehler	12 Pennridge	12-00.00
5 Josh Bazzano	12 Central Bucks West	11-06.00
6 Cole Rupert	10 Christopher Dock	10-06.00
7 Brice Beakley	9 Central Bucks East	10-06.00
8 Christian Cooper	10 Pennridge	10-00.00
9 Jack Hogan	10 Council Rock North	9-06.00
10 Thomas Jordan	10 Central Bucks East	9-06.00

#### HS Girls High Jump

Name	Yr Team	Mark
1 Katrina Przybylowski	12 Pennridge	5-02.00
2 Tabitha Miller	11 Christopher Dock	5-02.00
3 Devon Collins	10 Council Rock North	5-00.00
4 Olivia Seavy	11 Christopher Dock	4-10.00
5 Rachel Fife	10 Central Bucks East	4-08.00
6 Erica Maddox	12 Council Rock North	4-08.00
7 Julie Palmer	9 Central Bucks East	4-04.00
7 Elizabeth Verish	10 Central Bucks East	4-04.00
7 Alicia Bell	10 Pennridge	4-04.00

#### HS Girls Long Jump

Name	Yr Team	Mark
1 Ariana Przybylowski	11 Pennridge	18-04.50
2 Bailey Kratz	11 Christopher Dock	17-05.25
3 Julia Reeves	10 Springside Chestnut	16-03.00
4 Olivia Seavy	11 Christopher Dock	15-07.00
5 Michelle Thompson	12 Pennridge	15-06.50
6 Samantha Class	11 Pennridge	14-10.75
7 Grace Hartman	12 Council Rock North	14-08.25
8 Hannah Odenwald	10 Central Bucks East	14-07.50
9 Maddie Myrtetus	10 Central Bucks East	14-02.00
10 Rachel Fife	10 Central Bucks East	14-01.25

#### HS Girls Triple Jump

Name	Yr Team	Mark
1 Tabitha Miller	11 Christopher Dock	34-09.75
2 Michelle Thompson	12 Pennridge	32-10.00
3 Hannah Odenwald	10 Central Bucks East	32-00.00
4 Danielle Apple	11 Council Rock North	31-05.00
5 Devon Collins	10 Council Rock North	31-00.00
6 Julia Reeves	10 Springside Chestnut	30-10.00
7 Olivia Seavy	11 Christopher Dock	30-04.00
8 Maddie Myrtetus	10 Central Bucks East	30-01.75
9 Grace Hartman	12 Council Rock North	29-11.00
10 Singley Risico	10 Springside Chestnut	29-05.50
11 Rachel Fife	10 Central Bucks East	28-06.00
12 Haley Anderson	9 Christopher Dock	27-07.50

#### HS Girls Discus

Name	Yr Team	Mark
1 Laura Jackson	12 Central Bucks East	111-01
2 Sabrina Demetrius	9 Christopher Dock	100-02
3 Kereece Seuren	12 Christopher Dock	93-08
4 Madison Cavell	11 Council Rock North	87-07
5 Kristina Valko	12 Central Bucks East	86-07
6 Tara Weber	10 Central Bucks East	82-09
7 Karen Souder	12 Pennridge	81-09
8 Ilise Wannamaker	10 Pennridge	76-05
9 Molly Craig	10 Council Rock North	75-08
10 Michelle Sun	10 Council Rock North	70-04

#### HS Girls Javelin

Name	Yr Team	Mark
1 Kristina Valko	12 Central Bucks East	106-10
2 Erica Rummel	10 Council Rock North	103-11
3 Sara Valko	10 Central Bucks East	85-02
4 Hailey Burns	10 Council Rock North	83-00
5 Ilise Wannamaker	10 Pennridge	81-08
6 Karen Souder	12 Pennridge	75-09
7 Michelle Sun	10 Council Rock North	67-04
8 Ashley Martin	10 Central Bucks East	63-06
9 Sabrina Demetrius	9 Christopher Dock	63-02
10 Lauren Anderson	12 Christopher Dock	61-05
11 Julianna Rotelle	9 Christopher Dock	55-04

#### HS Girls Shot Put

Name	Yr Team	Mark
1 Tara Weber	10 Central Bucks East	33-06.50
2 Elizabeth Roehm	10 Central Bucks East	31-09.75
3 Kristina Valko	12 Central Bucks East	31-03.50
4 Kereece Seuren	12 Christopher Dock	31-03.25
5 Ilise Wannamaker	10 Pennridge	31-01.25
6 Madison Cavell	11 Council Rock North	29-01.25
7 Lauren Anderson	12 Christopher Dock	27-09.25
8 Sabrina Demetrius	9 Christopher Dock	27-00.00
9 Molly Craig	10 Council Rock North	26-02.75
10 Karen Souder	12 Pennridge	26-01.50
11 Sara Leidy	11 Council Rock North	24-03.50

#### HS Girls Pole Vault

Name	Yr Team	Mark
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1 Erica Maddox	12 Council Rock North	8-06.00
2 Gianna Lescas	10 Council Rock North	8-06.00
3 Alicia Bell	10 Pennridge	8-06.00
4 Brianna Testa	10 Central Bucks East	7-06.00
4 Grace Beirchon	12 Council Rock North	7-06.00
6 Julianna Kabakjian	10 Christopher Dock	7-00.00
7 Erika Benner	11 Christopher Dock	6-00.00
7 Sharon Curtis	10 Christopher Dock	6-00.00